Amelia Chiropractic Clinic, 2888 S. 8th St. , Fernandina Beach, FL 32034 (904 321-0002) <u>CONFIDENTIAL PATIENT INFORMATION</u>

FEDERAL AND STATE LAWS REQUIRE ALL HEALTH CARE PROVIDERS TO COLLECT THE FOLLOWING INFORMATION AND KEEP IT ON FILE FOR FOUR (4) YEARS. PLEASE COMPLETE THE FOLLOWING FORMS. THANK YOU.

(PLEASE PRINT)					
NAME	TODAY	Y'S DATE			
HOME PHONE	CELLULAR/PAGER				
ADDRESS	E-MAIL ADDRESS				
CITY	STATE	_ZIP			
AGEBIRTH DATE	MARITAL STATUS M S W D	# OF CHILDREN			
OCCUPATION	PHONE				
EMPLOYER					
ADDRESS					
NAME OF SPOUSE	OCCUPATION				
EMPLOYER	PHON	IE			
NEAREST RELATIVE	PHON	IE			
WHOM MAY WE THANK FOR REFI	ERRING YOU TO OUR OFFICE?				
NAME OF PERSON RESPONSIBLE F	FOR PAYMENT				
NAME OF HEALTH PLAN					
<u>AUTHORIZAT</u>	TION TO PROVIDE TREATMENT AND BILL HEA	LTH PLAN:			
IS PERSONAL AND WE ARE COMMITTED TO RECEIVE AT OUR CLINIC. WE NEED THIS I	ATION IS IMPORTANT TO US. WE UNDERSTAN O PROTECTING IT. WE CREATE A RECORD OI RECORD TO PROVIDE YOU WITH QUALITY CAS ARE AVAILABLE FOR A NOMINAL FEE. WE WLESS THAN FOUR YEARS.	F YOUR CARE AND SERVICES YOU RE AND COMPLY WITH FEDERAL AND			
BY SIGNING BELOW, YOU ARE AGREEING	WILL ALWAYS BE HELD IN STRICT CONFIDE TO ALLOW US TO PROVIDE YOU APPOINTMEN ILL MAKE YOUR TREATMENT MORE ENJOYA	NT CONFIRMATIONS, BIRTHDAY CARD			
AMELIA CHIROPRACTIC CLINIC WILL VEI AND ASSIST IN MAKING COLLECTION FRO CHIROPRACTIC CLINIC. TO RELEASE MY I	CHIROPRACTIC CLINIC TO PROVIDE TREATMIRIFY MY INSURANCE COVERAGE AND PREPAREM MY HEALTH PLAN. BY SIGNING BELOW, I A HEALTH INFORMATION INCLUDING MY MEDINOSIS AND PROGNOSIS TO MY HEALTH PLAN	RE NECESSARY REPORTS AND FORMS, AM AUTHORIZING AMELIA CAL HISTORY, X-RAY RESULTS, AND			
FOR TREATMENT ARE ULTIMATELY MY R TO AMELIA CHIROPRACTIC CLINIC AND W BE ASSESSED ON ALL ACCOUNTS OLDER T	TEE MY HEALTH PLAN WILL MAKE PAYMENT ESPONSIBILITY. ANY AMOUNT PAID BY THE I VILL BE CREDITED TO MY ACCOUNT. A SERV THAN 60 DAYS. ANY FEES NECESSARY FOR TH SUSPEND OR TERMINATE MY CARE AND TREA TELY DUE AND PAYABLE.	HEALTH PLAN WILL BE PAID DIRECTL ICE CHARGE OF 5% PER MONTH WILL E COLLECTION OF THIS ACCOUNT			
MY HEALTH PLAN (S) IS HEREBY DIRECTE CLINIC.	D AND AUTHORIZED TO MAKE PAYMENTS DI	RECTLY TO AMELIA CHIROPRACTIC			
PATIENT'S SIGNATURE	SS #				
PARENT/ GUARDIAN SIGNATURE AUTHORIZING CARE	1	DATE			

Confidential Patient Information

Patient Name:		Date	
1. Indicate on the drawings bel	ow where you have pain/symptoms		
2. How often do you experience □ Constantly (76-100% of the time	e your symptoms? Occasionally (26-50% of the time)	□ Frequently (51-75% of the time) □ Intermittently (1-25% of the time)
3. How would you describe the	type of pain?		
□ Sharp□ Diffuse□ Burning□ Stiff	 □ Numb □ Sharp with motion □ Stabbing with motion □ Other 	□ Dull □ Achy □ Shooting	☐ Tingly ☐ Shooting with motion ☐ Electric like with motion
4. How are your symptoms cha □ Getting Worse	0 0	□ Getting Better	
5. Using a scale of 0-10 (10 bein (please circle) 0 1 2 3	ng the worst), how would you rate you 4 5 6 7 8 9 10	r problem?	
6. How much has the problem in Not at all A little bit	interfered with your work? t Moderately Quite a bit	Extremely	
	interfered with your social activities? Moderately Quite a bit	Extremely	
		are Physician ER physician Other	sician
9. How long have you had this	problem? (i.e. date of onset?)		
10. How do you think your pro	blem began? (i.e. accident or injury)		
11. What aggravates your prob	olem?		
12. What alleviates your proble	em?		
13. What concerns you the mos	st about your problem; what does it p	revent you from doing?	

14. What is your: Height	We	ight			
15. Indicate if you have any imm	ediate family me	mbers with any	of the following:		
□ Rheumatoid Arthritis	□ Diabetes	□ Lupus	□ Heart Problems	□ Cancer	□ ALS
16. List all medications you are co	urrently taking:_				
Any Medical Allergies?					
Do you smoke?YesNo	•				
17. Please check any of the condi	tions below that 1	may apply to yo	ou.		
□ Headaches □ Chest Pains □ Excessive Thirst □ Allergies □ Systemic Lupus □ Dermatitis/Eczema/Rash □ Diabetes □ Hepatitis □ General Fatigue □ Visual Disturbances □ Dizziness 18. List all surgical procedures you	ou have had:	rination sorders nation oblems petite d Arthritis nusitis		isorder ination	
20. What activities do you do at w		,,			
•		Half of	the day A little of	the day	
	-		f the day A little of	-	
	most of the day				
-	most of the day		the day A little of		
21. What activities do you do outs			•	-	
22. Have you had significant past 23. Anything else pertinent to you		NoYes	5		
Patient Signature			Date:		

Oswestry Low Back Pain Scale

Please rate the severity of your pain by circling a number below:

No pain 0 1 2 3 4 5 6 7 8 9 10 Unbearable pain

Name______ Date _____

Instructions: Please circle the ONE NUMBER in each section which most closely describes your problem.

Section 1 - Pain Intensity

- 0. The pain comes and goes and is very mild.
- 1. The pain is mild and does not vary much.
- 2. The pain comes and goes and is moderate.
- 3. The pain is moderate and does not vary much.
- 4. The pain comes and goes and is severe.
- 5. The pain is severe and does not vary much.

Section 2 - Personal Care (Washing, Dressing, etc.)

- I would not have to change my way of washing or dressing in order to avoid pain.
- I do not normally change my way of washing or dressing even though it causes some pain.
- Washing and dressing increase the pain but I manage not to change my way of doing it.
- Washing and dressing increase the pain and I find it necessary to change my way of doing it.
- 4. Because of the pain I am unable to do some washing and dressing without help.
- Because of the pain I am unable to do any washing and dressing without help.

Section 3 - Lifting

- 0. I can lift heavy weights without extra pain.
- 1. I can lift heavy weights but it gives extra pain.
- 2. Pain prevents me lifting heavy weights off the floor.
- 3. Pain prevents me lifting heavy weights off the floor, but I can manage if they are conveniently positioned, e.g., on a table.
- 4. Pain prevents me lifting heavy weights but I can manage light to medium weights if they are conveniently positioned.
- 5. I can only lift very light weights at most.

Section 4 - Walking

- 0. I have no pain on walking.
- I have some pain on walking but it does not increase with distance.
- 2. I cannot walk more than 1 mile without increasing pain.
- 3. I cannot walk more than ½ mile without increasing pain.
- 4. I cannot walk more than 1/4 mile without increasing pain.
- 5. I cannot walk at all without increasing pain.

Section 5 - Sitting

- 0. I can sit in any chair as long as I like.
- 1. I can sit only in my favorite chair as long as I like.
- 2. Pain prevents me from sitting more than 1 hour.
- 3. Pain prevents me from sitting more than ½ hour.
- 4. Pain prevents me from sitting more than 10 minutes.
- 5. I avoid sitting because it increases pain immediately.

Section 6 - Standing

- 0. I can stand as long as I want without pain.
- 1. I have some pain on standing but it does not increase with time.
- 2. I cannot stand for longer than 1 hour without increasing pain.
- 3. I cannot stand for longer than ½ hour without increasing pain.
- 4. I cannot stand for longer than 10 minutes without increasing pain.
- 5. I avoid standing because it increases the pain immediately.

Section 7 - Sleeping

- 0. I get no pain in bed.
- 1. I get pain in bed but it does not prevent me from sleeping well.
- Because of pain my normal nights sleep is reduced by less than one-quarter.
- Because of pain my normal nights sleep is reduced by less than one-half.
- 4. Because of pain my normal nights sleep is reduced by less than three-quarters.
- 5. Pain prevents me from sleeping at all.

Section 8 - Social Life

- 0. My social life is normal and gives me no pain.
- 1. My social life is normal but it increases the degree of pain.
- Pain has no significant effect on my social life apart from limiting my more energetic interests, e.g., dancing, etc.
- 3. Pain has restricted my social life and I do not go out very often.
- 4. Pain has restricted my social life to my home.
- 5. I have hardly any social life because of the pain.

Section 9 - Traveling

- 0. I get no pain when traveling.
- I get some pain when traveling but none of my usual forms of travel make it any worse.
- I get extra pain while traveling but it does not compel me to seek alternate forms of travel.
- I get extra pain while traveling which compels to seek alternative forms of travel.
- 4. Pain restricts me to short necessary journeys under ½ hour.
- 5. Pain restricts all forms of travel.

Section 10 - Changing Degree of Pain

- 0. My pain is rapidly getting better.
- 1. My pain fluctuates but is definitely getting better.
- 2. My pain seems to be getting better but improvement is slow.
- 3. My pain is neither getting better or worse.
- 4. My pain is gradually worsening.
- My pain is rapidly worsening.

TOTAL		
IUIAL		

The Neck Disability Index

Pa	ntient name:		File#	Date:
Ple	ease read instructions:			
	is questionnaire has been designed to give the doctor information as to	how	your pook pain has affected your of	hiliter to manage assembles life. Dlass
200	wer every section and mark in each section only the ONE box that app	dien to	you We realize that you may som	oider that the effect of the statement in
	one section relate to you, but please just mark the box that most closely			sider that two of the statements in
arry	one section relate to you, but please just mark the box that most closes	iy desc	mes your problem.	
SE.	CTION 1-PAIN INTENSITY	SEC	TION 6-CONCENTRATION	
310	CHON 1-1 AND INTENSITI	OL		
	There he hair at the manner		I can concentrate fully when I w	ant to with no difficulty
	I have no pain at the moment.		I can concentrate fully when I w	
	The pain is very mild at the moment.	ᆜ		
	The pain is moderate at the moment.		I have a fair degree of difficulty i	
	The pain is fairly severe at the moment.	Ш	I have a lot of difficulty in conce	
	The pain is very severe at the moment.		I have a great deal of difficulty in	concentrating when I want to.
	The pain is the worst imaginable at the moment.		I cannot concentrate at all.	
SEC	CTION 2-PERSONAL CARE (Washing, Dressing, etc.)	SEC	TION 7-WORK	
	I can look after myself normally, without causing extra pain.		I can do as much work as I want	to.
	I can look after myself normally, but it causes extra pain.		I can do my usual work, but no m	iore.
	It is painful to look after myself and I am slow and careful.		I can do most of my usual work, l	out no more.
	I need some help, but manage most of my personal care.		I cannot do my usual work.	
	I need help every day in most aspects of self care.		I can hardly do any work at all.	
	I do not get dressed; I wash with difficulty and stay in bed.		I can't do any work at all.	
SEC	CTION 3-LIFTING	SEC	TION 8-DRIVING	
	I can lift heavy weights without extra pain.		I can drive my car without any ne	eck nain
	I can lift heavy weights, but it gives extra pain.		I can drive my car as long as I wa	
	Pain prevents me from lifting heavy weights off the floor, but I can		I can drive my car as long as I wa	
	manage if they are conveniently positioned, for example, on a table.		neck.	die, wat moderate pain in my
	Pain prevents me from lifting heavy weights off the floor, but I can		I can't drive my car as long as I w	mut because of mademate pain
لـــا				and because of moderate pain
	manage light to medium weights if they are conveniently positioned.		in my neck.	
	I can lift very light weights.		I can hardly drive at all, because	or severe pain in my neck.
	I cannot lift or carry anything at all.		I can't drive my car at all.	
SEC	CTION 4-READING	SEC	TION 9-SLEEPING	
Ц.	I can read as much as I want to, with no pain in my neck.	ᆜ	I have no trouble sleeping.	
	I can read as much as I want to, with slight pain in my neck.		My sleep is slightly disturbed (les	and the contract of the contra
	I can read as much as I want to, with moderate pain in my neck.	ш	My sleep is mildly disturbed (1-2	
	I can't read as much as I want, because of moderate pain in my		My sleep is moderately disturbed	
	neck.		My sleep is greatly disturbed (3-5	
	I can hardly read at all, because of severe pain in my neck.		My sleep is completely disturbed	(5-7 hrs sleepless).
	I cannot read at all.			
		SEC	TION 10-RECREATION	
SEC	CTION 5-HEADACHES			
			I am able to engage in all my reci	reation activities, with no neck
	I have no headaches at all.		pain at all.	
	I have slight headaches that come infrequently.		I am able to engage in all my rec	reation activities, with some
	I have moderate headaches that come infrequently.		neck pain at all.	
	I have moderate headaches that come frequently.		I am able to engage in most, but r	
	I have severe headaches that come frequently.		activities, because of pain in my r	neck.
	I have headaches almost all the time.		I am able to engage in few of my	recreation activities, because of
			pain in my neck.	
			I can hardly do any recreation act	ivities, because of pain in my
			neck.	
			I can't do any recreation activities	at all.

Instructions:

- 1. The NDI is scored in the same way as the Oswestry Disability Index.
- 2. Using this system, a score of 10-28% (i.e., 5-14 points) is considered by the authors to constitute mild disability; 30-48% is moderate; 50-68% is severe; 72% or more is complete.

2888 S. 8th Street, Fernandina Beach, FL 32034 * Tel (904) 321-0002

INSURANCE AUTHORIZATION

I AUTHORIZE THE DOCTORS OF RD RICE CHIROPRACTIC, P.A. **DBA - AMELIA CHIROPRACTIC CLINIC** TO PROVIDE TREATMENT TO ME. I UNDERSTAND THAT RD RICE CHIROPRACTIC, P.A. **DBA - AMELIA CHIROPRACTIC CLINIC** WILL VERIFY MY INSURANCE COVERAGE AND PREPARE NECESSARY REPORTS AND FORMS, AND ASSIST IN MAKING COLLECTION FROM MY HEALTH PLAN. BY SIGNING BELOW, I AM AUTHORIZING RD RICE CHIROPRACTIC, P.A. **DBA - AMELIA CHIROPRACTIC CLINIC** TO RELEASE MY HEALTH INFORMATION INCLUDING MY MEDICAL HISTORY, X-RAY RESULTS, AND PHYSICAL EXAMINATION FINDINGS, DIAGNOSIS AND PROGNOSIS TO MY HEALTH PLAN.

UNFORTUNATELY, THERE IS NO GUARANTEE MY HEALTH PLAN WILL MAKE PAYMENT AND I UNDERSTAND THAT CHARGES FOR TREATMENT ARE ULTIMATELY MY RESPONSIBILITY. ANY AMOUNT PAID BY THE HEALTH PLAN WILL BE PAID DIRECTLY TO RD RICE CHIROPRACTIC, P.A. **DBA - AMELIA CHIROPRACTIC CLINIC** AND WILL BE CREDITED TO MY ACCOUNT. IF I SUSPEND OR TERMINATE MY CARE AND TREATMENT, ANY FEE FOR PROFESSIONAL SERVICES RENDERED WILL BE IMMEDIATELY DUE AND PAYABLE.

MY HEALTH PLAN (S) IS HEREBY DIRECTED AND AUTHORIZED TO MAKE PAYMENTS DIRECTLY TO RD RICE CHIROPRACTIC, P.A. **DBA - AMELIA CHIROPRACTIC CLINIC.**

PATIENT'S SIGNATURE	
PARENT/ GUARDIAN	
SIGNATURE AUTHORIZING CARE_	
DATE	
DAIE	

Informed Consent to Chiropractic Treatment

The nature of chiropractic treatment: The doctor will use his/her hands or a mechanical device in order to adjust your spine. Various therapeutic procedures, such as hot or cold packs, electric muscle stimulation, or therapeutic ultrasound may also be used.

Possible Risks: As with any health care procedure, complications are possible following a chiropractic adjustment. Complications could include fractures of bone, muscular strain, ligamentous sprain, dislocations of joints, or injury to intervertebral discs, nerves or spinal cord. Cerebrovascular injury or stroke could occur upon severe injury to arteries of the neck. A minority of patients may notice stiffness or soreness after the first few days of treatment. The therapeutic procedures could produce skin irritation, burns or minor complications. Should you have questions you will be given the opportunity to discuss them with the doctor before you receive treatment.

Probability of risks occurring: The risk of complications due to chiropractic treatment have been described as "rare", about as often as complications from taking a single aspirin tablet. The risk of cerebrovascular injury or stroke, has been estimated at one in one million to one in twenty million, and can be further reduced by screening procedures. The probability of adverse reaction due to therapeutic procedures is also considered "rare."

Other treatment options which could be considered **may include the following:**

- Over-the-counter analgesics. The risk of these medications include irritation to stomach, liver and kidneys, and other side effects in a significant number of cases.
- o Medical care, typically anti-inflammatory drugs, tranquilizers and analgesics. Risk of these drugs include a multitude of undesirable side effects and patient dependence in a significant number of cases.
- Hospitalization in conjunction with medical care adds risk of exposure to virulent communicable disease in a significant number of cases.
- o Surgery in conjunction with medical care adds the risks of adverse reaction to anesthesia, as well as an extended convalescent period in a significant number of cases.

Risks of remaining untreated: Delay of treatment allows formation of adhesions, scar tissue and other degenerative changes. These changes can further reduce skeletal mobility and induce chronic pain cycles. It is quite probable that delay of treatment will complicate the condition and make future rehabilitation more difficult.

I have read the explanation above of chiropractic treatment. I have fully evaluated the risks and benefits of undergoing treatment. I have decided to undergo chiropractic treatment, and herby give my full consent to treatment. I intend this agreement to be in effect for all treatments from the date signed until I curtail treatment at this facility.

Patient Printed Name	Patient Signature	Date
Witness:		
Printed Name	Signature	Date

ACKNOWLEDGMENT OF RECEIPT OF R D RICE CHIROPRACTIC, DBA AMELIA CHIROPRACTIC CLINIC NOTICE OF PRIVACY PRACTICES

I acknowledge that I was provided a copy of the Notice of Privacy Practices and that I have read them or declined the opportunity to read them and understand the Notice of Privacy Practices. I understand that **this form will be placed in my patient chart and maintained for six years**.

By checking the lines below I authorize be	
Telephone; Numbers	;
Voice mail;	
Mail $\underline{N/A}$; Email $\underline{N/A}$; at email address $\underline{N/A}$; to	ext message N/A; FaceBook address N/A.
By chacking the lines below Louthorize be	ing contacted for birthday greetings or promotions about the
practice by:	ing contacted for bittinday greetings of promotions about the
Mail;	
	bers <u>N/A</u> ; voice mail <u>N/A</u> ; By text message <u>N/A</u> ; By
FaceBook address <u>N/A</u> .	
	he doctor to personally discuss with me products that may
benefit my health or condition	
Patient Name (please print)	Date
Name of Decorate Consulting and Decision 2 A Level	Cincipation of Patient Person Constitution
Name of Parent, Guardian or Patient's Legal Representative (please print)	Signature of Patient, Parent, Guardian or Patient's Legal Representative
Representative (please print)	Fatient's Legal Representative
List below the names and relationship of people to	whom you authorize the Practice to release PHI.
For Use by Practice Official Only	
D. C. AV	
Patient Name:	
Completed Declined	
Comments:	
Signature of Practice Official:	Date:

2888 South 8th Street Fernandina Beach, FL 32034 (904) 321-0002 (voice & fax)

AUTHORIZATION TO RELEASE MEDICAL RECORDS

To:	
Please release my x-rays and medical records to:	
The Amelia Chiropractic Clinic 2888 S. 8 th Street	
Fernandina Beach, FL. 32034 (904) 321-0002	
Signature	
Name of Patient (Please Print)	
Date of Birth	

2888 S. 8^{th} Street, Fernandina Beach, FL 32034 * Tel (904) 321-0002

MISSED APPOINTMENT POLICY

We want to thank you for choosing us as your Chiropractic Health Provider. In order to
provide you and our other patients with the best optimal spine care, we request that you
follow our guidelines regarding broken or cancelled appointments. Please remember tha
we have reserved appointment times especially for you. Therefore, we request at least 24
hour notice in order to reschedule your appointment. This will enable us to offer your
cancelled time to other patients that desire to get their treatment completed. When you
cancel your appointment at the last minute everyone loses – you, the doctor and other
patients that would like to have utilized your appointment time.

Therefore, all broken or cancelled apports of charged a missed appointment fee consideration of our policies, and for the choice.	of \$25.00 for a	n office visit. Th	ank you for your
Signature		Date	

EHR Certification – Patient Information 4

Dear Patient: The US government is now requiring that we supply them with the following information:

	PATIE	NT DEMO	GRAPHICS:	
Name: (Print clearly) Date of Birth:			Today's Da	te:
Ethnicity: (Please circle)	Hispani	c or Latino	Not Hispanic or Latino	
Race: (Circle all that apply)	White	American	Indian/ Alaskan Native	Black/African American
	Asian	Native Ha	waiian/ Pacific Islander	
Please list health history, th Son Daughter, etc.)	Health Con		elative (i.e., iviotile), Fai	Relative
What is your preferred me	thod of co	ntact?	Home Work	Cell
Phone Number:				
Phone Call: Text:	□ E-	-Mail: □		
Email Address:				
For confidential correspond name? (Answer must have				/hat was my first pet's
Secret Question:				
Secret Answer:				
		0551051		
Vitals: In EZnotes, complete	2) "Select		USE ONLY	
Blood Pressure:	/	Heigh	t: Wei	ight:

Smoking Status:	Smokes everyday	Smokes some days	Former Smok	er Never Smoked	
If you smoke, how many cigarettes do you smoke per day?					
PRESCRIBED MEDICINES					
Check here if not taking any medications:					
Medication: i.e. Lipitor	# of MD refi issued:	Ils Quantity of Pills:	Strength: i.e. 10 mg	MD's instruction: i.e. 1 per day	
Are you allergic to any medicines? Please list each drug on a new line: Check here if you do not have any medical allergies: Name of Drug: i.e. Symptom: i.e. headache Severity: i.e. Mild, Moderate,					
penicillin				Severe, Fatal	
Even though the Federal Government suggests that I apply for a Microsoft Health Vault account, I would prefer not to: (Please check box to opt out)					
OFFICE USE ONLY					
		" "			
Entered into EZnotes by	(name):	Date & Time:		Completed?	